

reshaping the body

Constantino Mendieta, MD, FACS, ensures his patients quality results by remaining attentive to their needs and open to their questions, offering a continuing thread of aesthetic advancements to enhance people's appearances.



BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

Creighton University

GENERAL SURGERY INTERNSHIP & RESIDENCY

Maricopa County Hospital
Phoenix, Arizona

PLASTIC SURGERY REGISTRAR FELLOWSHIP

The Royal College of Surgeons
University of Miami/Jackson
Memorial Hospital

AESTHETIC SURGERY FELLOWSHIP

Harvard Medical School

AFFILIATIONS

American Society for Aesthetic
Plastic Surgery
American Society of Plastic Surgeons
Fellow, American College of Surgeons
American Medical Association
Dade County Medical Association
Dr. D. Ralph Millard, Jr. Society
Florida Medical Association

PROCEDURES PERFORMED

Buttock Augmentation (Fat Graft
or Implants)
Buttock Lift
Breast Augmentation
Abdominoplasty and Liposuction
Facelift

Dr. Mendieta has long viewed cosmetic surgery as a reflection of the human body's own evolution—and how surgeons can perfect it. More than a practitioner, Dr. Mendieta lectures internationally on cosmetic surgery, on topics such as the "Brazilian butt lift," which reshapes, enhances and resculpts the buttocks. He taps into that same passion when listening to his patients' wants and goals, and then educates them in detail about their surgical options. Before opening his practice in 1999, Dr. Mendieta traveled the world, earning a fellowship in aesthetic surgery at Harvard University, and training in Paris; Edinburgh, Scotland; and Beverly Hills. He also trained extensively in Brazil—a country known for bikinis and body shaping—where physicians long ago perfected minimal-scar breast lifts.

A Latino American with a practice based in the "Gateway to the Americas," Dr. Mendieta's patients truly are transcultural and can choose from among multiple aesthetic treatments, like body contouring, facial rejuvenation and breast procedures. With a soothing, "Zen-like" atmosphere and the safety of an AAAASF-accredited, on-site surgical center, his office attracts patients from across America and Europe. They appreciate his skill, artistic eye and the results born from his leading-edge procedures, which he believes in the future will include more use of lasers, fat-melting chemicals and stem cells for fat fillers. "You must be progressive, and not get trapped and comfortable."

LOCATION

Miami, Florida
305.860.0717

WEB SITES

www.butttsbymendieta.com
www.liposuction-tummy-tucks.com
www.breast-implants-augmentations.com
www.constantinomendieta.com

DR. CONSTANTINO MENDIETA

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NEW BREAST LIFT OPTIONS

Dr. Mendieta has already earned an international reputation for his work with **BUTTOCK AUGMENTATION**. His next advancement—**SUTURE SUSPENSION OF THE BREASTS**—is currently underway. Commonly used for facelifts and breast procedures throughout Eastern Europe before finding favor in the West, the technique is employed in different scenarios. Alone, sutures can be used to lift the breasts. Or, sutures can be used in combination with other procedures for additional benefits. Only a **SMALL INCISION** is required to insert the sutures, which are then looped down beneath the breast tissue to provide lift. This procedure is only one in a list of breast lift techniques that actually leaves **INCONSPICUOUS SCARS** away from the breasts themselves. As with buttock augmentation, he is helping establish the evaluation and selection process for candidate appropriateness for suture suspension. But this much he already knows: "This technique garners **LESS BLEEDING, TRAUMA AND BRUISING** with very natural-looking results."