

reshaping the body

Constantino Mendieta, MD, FACS, has long viewed cosmetic surgery as a reflection of the human body's own evolution—and how surgeons can perfect it. What started decades ago with breast augmentations and tummy tucks, now includes buttock augmentations, and a continuing thread of aesthetic advancements that are changing people's appearances.



BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

Creighton University

GENERAL SURGERY INTERNSHIP & RESIDENCY

Maricopa County Hospital,
Phoenix, Arizona

PLASTIC SURGERY REGISTRAR FELLOWSHIP

The Royal College of Surgeons
University of Miami Jackson
Memorial Hospital

AESTHETIC SURGERY FELLOWSHIP

Harvard Medical School

AFFILIATIONS

American Medical Association
Dade County Medical Association
Dr. D. Ralph Millard, Jr. Society
Fellow, American College of Surgeons
Florida Medical Association

AREAS OF EXPERTISE

Buttock Augmentation (Fat Graft
or Implants)
Buttock Lift
Breast Augmentation
Abdominoplasty and Liposuction
Facelift

More than a practitioner, Dr. Mendieta fancies himself an educator. He lectures internationally on cosmetic surgery, including the "Brazilian butt lift," which reshapes, enhances and resculpts the buttocks. He taps into that same passion when listening to his patients' wants and goals, and then educating them about their surgical options by explaining procedures in detail. Before opening his practice in 1999, Dr. Mendieta traveled the world, earning a fellowship in aesthetic surgery at Harvard University, and training in Paris; Edinburgh, Scotland; and Beverly Hills. He also trained extensively in Brazil, a country known for bikinis and body shaping, and where physicians long ago perfected minimal-scar breast lifts. "We were very advanced in terms of the procedures we were performing. This training has helped me keep a broad, open mind to the possibilities." A Latino American with a practice based in the "Gateway to the Americas," Dr. Mendieta's patients truly are transcultural. With a soothing, "Zen-like" atmosphere and the modern safety of an AAAASF-accredited on-site surgical center, his office attracts an international clientele from across the Americas and even Europe. Patients come for his skill, his naturally artistic eye, and the results borne from his pursuit of leading-edge procedures, which he believes in the future will include more use of lasers, fat-melting chemicals and stem-cells for fat fillers. "You must be progressive, and not get trapped and comfortable."

LOCATION

Miami, Florida
305.860.0717

WEB SITES

www.buttbsbymendieta.com
www.liposuction-tummy-tucks.com
www.breast-implants-augmentations.com
www.constantinomendieta.com



NEW BREAST LIFT OPTIONS

Dr. Mendieta already has earned an international reputation for his work with buttock augmentation. His next advancement currently is underway in breast enhancement—specifically, **SUTURE SUSPENSION** of the breasts, a new technique in early development. Commonly used for facelifts and for breasts throughout Eastern Europe before finding favor in the West, the procedure is employed in different scenarios. Alone, sutures can be used to **LIFT THE BREASTS**. Or sutures can be used in combination with other surgical procedures to lift and support the breasts. Only a small incision is required to insert the sutures, which then are looped down beneath the breast tissue to provide lift. This procedure is only one in a list of breast augmentations that actually leave inconspicuous scars away from the breasts themselves. As with buttock augmentation, for which he has become a published expert, Dr. Mendieta is helping **ESTABLISH THE EVALUATION AND SELECTION PROCESS** for candidate appropriateness for suture suspension. But this much he already knows: Physicians like himself are embracing these procedures to reduce the obvious signs of surgery and leave the patients with less bleeding, trauma and bruising and more natural looking breasts.